November Newsletter

Catholic Parish Outreach Food Pantry
A Program of Catholic Charities
Providing Help – Creating Hope – Serving All

CATHOLIC PARISH OUTREACH FOOD PANTRY

Note From the Director

Kelly



To Donate:

SCAN ME

This time of year is all about thankfulness and connections. Although we have so much to be thankful for in our lives, I can't help but think of all the people who are struggling right now.

This holiday season may be filled with worry and anxiety rather than excitement and joy about spending time with their families. It is especially difficult to be food insecure at a time when togetherness is so closely associated with food.

Our CPO family hopes to ease the burdens of our neighbors in need, so they too can feel the holiday spirit. Thank you and God Bless!

Kelly



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Phone and Text: 919-847-1466

2013 Raleigh Blvd, Raleigh NC 27604
919-873-0245

Hours of Operation:
9 am—12pm Mon/Wed/Thurs/Friday
9 am—12pm 2nd and 3rd Saturday only

Tax ID # 56-0529943 (Catholic Charities—CPO)

VOLUNTEERING AT CPO:
Contact our Volunteer Coordinator, Darcy Hull (call or text) 919-847-1466 or email CPOvol.Coordinator@ccharitiesdor.org & she will set you up to serve.

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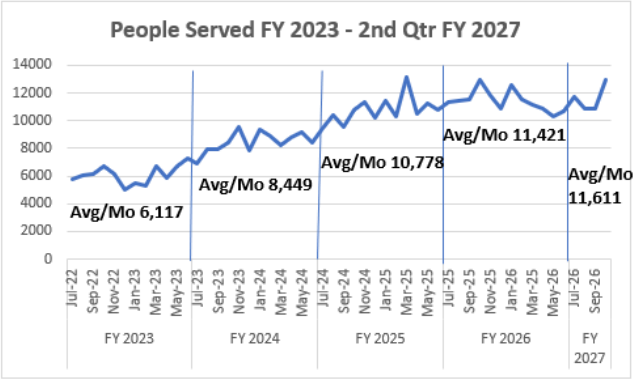
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FOOD DISTRIBUTION

Fiscal Year for CPO is July 1st—June 30th

	Oct-25	Oct-26	% Dec
Familes	3,206	2,965	-8%
People	12,947	12,239	-6%



We will be facing challenges for the next several months:

- Since the end of October we have experienced a surge in the number of families being served.
- The holidays are going to be busy this year with food and gas prices remaining stubbornly high.
- Cuts to Medicaid, SNAP & other programs written into the "BBE & delayed until after midterm elections will soon take effect.

CLOTHING & DIAPERS

Diaper numbers also include Adult Briefs

Clothing

	Clothing	Oct-26	% Dec/Inc
Familes	786	772	-1%
People	1043	1,046	0%

Diapers

Diapers	Oct-26	% Dec/Inc
772	837	9%
939	1,060	13%

- *Clothing has stabilized for the short term since we switched seasons.*
- We are still contending with low stock in all toddler sizes, especially girls.

MOBILE FOOD PANTRY (MFP)—WAKE CO.

The Wake County grant ends in December of 2026, but CPO will continue to serve MFP's through our Nourish our Neighbors Campaign. CPO's equipment has expanded. Thank you Wake County for the new box truck and van with coldtainer to help CPO serve in "food deserts."!

Oct-26

	MFP1	Feb 25-Oct 26
Familes	101	2,035
People	451	9,164

Oct-26

	MFP 2	Oct 25-Oct 26
Familes	109	3,210
People	189	3,757

MFP1 = Kingsborough Estate Raleigh NC Distribution -- mobile home park

MFP2 = King's Ridge CASA location -- new apartments with 100+ units including veterans/families (some with single mothers), senior citizens



Please consider recycling your plastic & paper grocery bags at CPO. Our reserve is very low, and we need them for our clients' groceries.



Please remember to save your canvas grocery bags and backpacks for CPO. We need them for our clients who are walking or riding the bus.

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Give gifts that reflect the true meaning of Christmas!

Christmas HONOR CARDS

Catholic Parish Outreach
A Program of Catholic Charities

Catholic Parish Outreach Food Pantry has been **serving those in need for 49 years.**

Last year we distributed one week's worth of groceries to **over 143,000 people.**

A gift of **$55 feeds a family for a week.**

It is so simple... yet so powerful.

By participating, you too can become part of a larger team working to end hunger during these especially challenging times. This is an opportunity to help your neighbors in need and make a difference in our community. ***Since hunger does not take a holiday, please become a hunger fighter with us!***

Every dollar makes a difference in the fight against hunger.

Consider honoring friends, co-workers, teachers, and family members in this meaningful way.

We will send a beautiful color Christmas honor card to share the joy of your donation with those you wish to honor. (minimum donation of $10 / card)



This year's artwork was provided by volunteer, Natalia Barnack

Unto Us A Child Is Born

A generous gift has been made to Catholic Parish Outreach Food Pantry in your honor by

Thanks to this kindhearted donation, we will feed more families during this Christmas season.

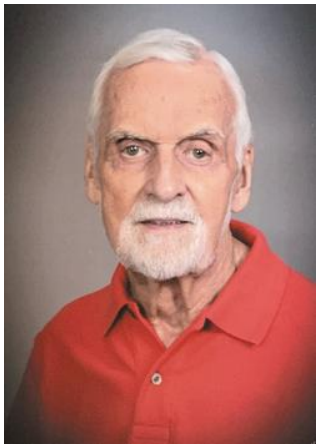
In Memory...

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CATHOLIC PARISH OUTREACH FOOD PANTRY

James "Jim" Kenneth Henry

DECEMBER 10, 1931 – NOVEMBER 5, 2026



Unfortunately, CPO has lost another member of the CPO Family. Jim was a longtime CPO volunteer who interviewed and did CPO intake reconciliations for us. He was a generous donor after he retired from CPO and he and his family had a history of gifting honor donations to CPO in honor of other family members. Keep his family in your prayers please.

James "Jim" Kenneth Henry, 94, left this world on November 5, 2026, to be reunited with his beloved wife, Jacqueline "Jackie" Daley Henry. It was a reunion he had long anticipated. Reflecting on Jackie's passing in 2009, Jim wrote, "I take comfort in the belief that one day we will be together again."

Born December 10, 1931, in Youngstown, Ohio, to Sylvester George and Marie Gary Henry, Jim grew up during the Great Depression, learning early the values of hard work, perseverance, and family. After graduating from Ursuline High School, he served in the United States Air Force during the Korean War era, including a year at a remote radar outpost in Alaska. He later earned an accounting degree from Youngstown College, working his way through school, and went on to become a Certified Public Accountant.

Together, Jim and Jackie raised nine children: Teresa, David, Steven, Mary, Mark, Susan, Scott, Jason, and Keith. Family was, quite simply, the center of Jim's universe. Raising nine children required hard work, resourcefulness, and no small amount of sacrifice. Jim had little interest in material things for himself, choosing instead to devote his time, energy, and resources to the people he loved most.

Jim's Catholic faith was another cornerstone of his life. A deeply religious man, he was actively involved in his church communities throughout the years, generously volunteering his time and talents in a variety of roles, including bookkeeping. His faith was reflected not only in his devotion to the Church but also in the way he lived his life.

Jim enjoyed a long career in accounting and financial management, including leadership positions at Scovill and Fowler Contracting. His work took the family from Ohio to North Carolina and Connecticut before he and Jackie eventually returned to the Raleigh area. He retired in 1999.

A funeral Mass will be held on Thursday, November 19, 2026, at 1:00 PM at St. Andrew the Apostle Catholic Church, Apex, NC.

In lieu of flowers, memorial contributions can be donated to Catholic Parish Outreach in Raleigh

https://www.catholiccharitiesraleigh.org/donate/

SAVOR BOWLS

Holidays Made Easy

More time together. Less time in the kitchen.



Choose Your Holiday Table

The Small Table

$169

Serves 4–6

Your choice of deep-fried turkey breast or honey-glazed ham, plus two sides, two vegetables, one dessert, and one bread selection.

The Family Feast

$295

Serves 8–10

Enjoy both deep-fried turkey breast and honey-glazed ham, three sides, three vegetables, two desserts, and two bread selections.

The Holiday Table

$400

Serves 12–15

Our largest holiday spread includes both deep-fried turkey breast and honey-glazed ham, four sides, four vegetables, three desserts, and three bread selections.

Just Need the Sides? We've Got You!

Pickup Details

St. Francis of Assisi Catholic Church

11401 Leesville Rd.
Raleigh, NC

Wednesday November 25

catholiccharitiesraleigh.org/programs/savor/
Click on HOLIDAY CATERING for details

Place Your Order by Friday, November 20!