October Newsletter

Catholic Parish Outreach Food Pantry
A Program of Catholic Charities
Providing Help – Creating Hope – Serving All

CATHOLIC PARISH OUTREACH FOOD PANTRY

Note From the Director

Kelly

To Donate:

SCAN ME

It is funny how so much changes over time and yet so much stays constant. We have seen so many changes over all my years at CPO that have affected our communities: Aftermath of Great Recession, NC Food and Nutrition Service S/W update leaving clients months behind on benefits, tornados, hurricanes, a pandemic, political divisions, wars, government shut-downs and program cuts. The list could go on and on and on.....

What stays the same here: Compassion, Caring, Dedication, Hard Work, Teamwork, Respect, Hope, Joy, Kindness. I believe the constants are what makes CPO run as well as it does. The people make the processes work and still provide a warm welcoming atmosphere to feed people "body and soul"!

Our CPO Family (staff, volunteers/donors) are not only the hands and feet of Christ and His church but also the heart!

Take Care and God Bless!

Kelly

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2013 Raleigh Blvd, Raleigh NC 27604
919-873-0245

Hours of Operation:
9 am—12pm Mon/Wed/Thurs/Friday
9 am—12pm 2nd and 3rd Saturday only

Tax ID # 56-0529943 (Catholic Charities—CPO)

VOLUNTEERING AT CPO:
We are now using Point software for people to volunteer at CPO.
Contact our Volunteer Coordinator, Darcy Hull (call or text) 919-847-1466 or email CPOvol.Coordinator@ccharitiesdor.org & she will set you up to serve.

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FOOD DISTRIBUTION

Fiscal Year for CPO is July 1st—June 30th

	Sep-25	Sep-26	% Dec
Familes	2,941	2,643	-11%
People	11,512	10,895	-6%

	1Q FY 26	1Q FY27	% Dec
Familes	8,689	7,891	-10%
People	34,170	32,493	-5%

We have experienced a drop in quarterly numbers for the first time in 17 Quarters!

Most of the drop in numbers can be attributed to the fact that CPO is only open 2 Saturdays a month instead of 4-5 Saturdays a month due to staffing.

November and December have traditionally been busy months at CPO due to the holidays. Thanks for continues support!

CLOTHING & DIAPERS

Diaper numbers also include Adult Briefs

Clothing

	Sep-25	Sep-26	% Dec/Inc
Familes	692	620	-12%
People	913	841	-9%

Diapers

Sep-25	Sep-26	% Dec/Inc
697	764	10%
865	965	12%

We are still seeing a drop in clothing donations which is driving the numbers served down due to low stock (especially ALL toddler sizes).

MOBILE FOOD PANTRY (MFP)—WAKE CO.

The Wake County grant ends in December of 2026 but CPO will continue to serve MFP's through our Nourish our Neighbors Campaign. We thank Wake County for the addition of a truck and van with a coldtainer to our CPO equipment to serve in "Food Deserts" !

Sep-26

	MFP	Feb 25-Sept-25
Familes	102	1,934
People	439	8,713

MFP1 = Kingsborough Estate Raleigh NC Distribution -- mobile home park

Sep-26

	MFP 2	Oct 25-Sept 26
Familes	112	1,167
People	189	1,634

MFP2 = King's Ridge CASA location -- new apartments with 100+ units including veterans/families (some with single mothers), senior citizens

Please consider recycling your plastic & paper grocery bags at CPO. Our reserve is very low, and we need them for our clients' groceries.

Please remember to save your canvas grocery bags and backpacks for CPO. We need them for our clients who are walking or riding the bus.

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CPO was able to meet our $50,000 match with the help of our generous donors! Thank you so much!

The News&Observer

There was an article in the* News&Observer *focused on food insecurity that featured CPO and the FBCENC

> ***"Food pantries used to be a stop-gap, as it's a tough state to be in, it was a last resort," Rappl said. "Now It's getting to be more of the norm than the exception."***

For the full article go to:
https://www.newsobserver.com/news/politics-government/article317210289.html

Catholic Parish Outreach will give you a whole lot of food and hope.

ShaTyra/Nextdoor