

September Newsletter

 **Catholic Parish Outreach
Food Pantry**
A Program of Catholic Charities
Providing Help – Creating Hope – Serving All

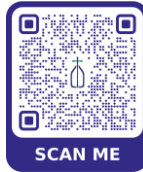
CATHOLIC PARISH OUTREACH FOOD PANTRY

Note From the Director

Kelly



To Donate:



I was in the car recently and heard a song “On The Turning Away” that struck me to almost tears. It was a song that came out almost 40 years ago and is still relevant today!

September is **HUNGER ACTION MONTH**, so it was very fitting that the song came into my life when it did. I believe the Holy Spirit works in amazing ways in our lives. I was just preparing to write this newsletter when this touched my soul. It echoes the wise words of St. James:

***“¹⁴ What does it profit, my brethren, if someone says he has faith but does not have works? Can faith save him? ¹⁵ If a brother or sister is naked and destitute of daily food, ¹⁶ and one of you says to them, “Depart in peace, be warmed and filled,” but you do not give them the things which are needed for the body, what does it profit? ¹⁷ Thus also faith by itself, if it does not have works, is dead.*”**

James 2:14-16

I am so grateful to all the members of the CPO family (donors, volunteers and staff) who strive to make their faith dynamic and to touch the lives of our neighbors in a meaningful way!

Thank you and God Bless!

Kelly

“On The Turning Away”

By Pink Floyd 1987

*On the turning away
From the pale and downtrodden
And the words they say
Which we won't understand
"Don't accept that what's happening
Is just a case of others' suffering
Or you'll find that you're joining in
The turning away"*

*On the wings of the night
As the daytime is stirring
Where the speechless unite
In a silent accord
Using words, you will find are strange
Mesmerized as they light the flame
Feel the new wind of change
On the wings of the night*

*It's a sin that somehow
Light is changing to shadow
And casting its shroud
Overall, we have known
Unaware how the ranks have grown
Driven on by a heart of stone
We could find that we're all alone
In the dream of the proud*

*No more turning away
From the weak and the weary
No more turning away
From the coldness inside
Just a world that we all must share
It's not enough just to stand and stare
Is it only a dream that there'll be
No more turning away?*

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Darcy Hull

Volunteer Coordinator

E-mail: CPOvol.Coordinator@ccharitiesdor.org
Phone and Text: 919-847-1466

2013 Raleigh Blvd, Raleigh NC 27604

919-873-0245

Hours of Operation:

9 am—12pm Mon/Wed/Thurs/Friday

9 am—12pm 2nd and 3rd Saturday only

Tax ID # 56-0529943 (Catholic Charities—CPO)

VOLUNTEERING AT CPO:

We are now using Point software for people to volunteer at CPO.

Contact our Volunteer Coordinator, Darcy Hull (call or text) 919-847-1466 or email CPOvol.Coordinator@ccharitiesdor.org & she will set you up to serve.

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CATHOLIC PARISH OUTREACH FOOD PANTRY

FOOD DISTRIBUTION

Fiscal Year for CPO is July 1st—June 30th

	Aug-25	Aug-26	% Dec
Families	2,874	2,612	-10%
People	11,329	10,914	-4%

We are experiencing a little drop in numbers - most of the drop can be attributed to the fact that CPO is now only open 2 Saturdays a month due to staffing issues.

The fall and winter are our busiest seasons and there are so many factors that may influence our numbers coming on the horizon we do not expect this lull to last.

CLOTHING & DIAPERS

Diaper numbers also include Adult Briefs

	Clothing		
	Aug-25	Aug-26	% Dec/Inc
Families	715	587	-22%
People	1008	807	-25%

	Diapers		
	Aug-25	Aug-26	% Dec/Inc
Families	741	726	-2%
People	967	937	-3%

We are still seeing a drop in clothing donations which is driving the numbers served down due to low stock (especially ALL toddler sizes).

MOBILE FOOD PANTRY (MFP)—WAKE CO.

	MFP 1	Feb 25 - Aug 26
Families	102	1,832
People	464	8,274

MFP1 = Kingsborough Estate Raleigh NC Distribution -- mobile home park

	MFP 2	Oct 25- Aug 26
Families	114	1,055
People	185	1,445

MFP2 = King's Ridge CASA location -- new apartments with 100+ units including veterans/families (some with single mothers), senior citizens



Please consider recycling your plastic & paper grocery bags at CPO. Our reserve is very low, and we need them for our clients' groceries.



Please remember to save your canvas grocery bags and backpacks for CPO. We need them for our clients who are walking or riding the bus.

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CATHOLIC PARISH OUTREACH FOOD PANTRY



Every dollar donated
up to \$50,000
will be matched by
CPO Friends
to fight hunger for
National Hunger
Action Month!

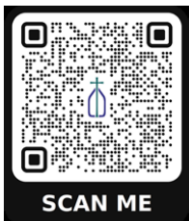
**DRINK WATER
AND HELP YOUR
COMMUNITY**

Last year CPO
distributed groceries to over
143,000 individuals

**We need your help to continue
providing this vital service.**

HOW TO DONATE

Online:



CatholicCharitiesRaleigh.org/CPO

Click on the H2O for Hunger Logo
on our homepage

Call: 919-873-0245 X 2300

Checks:

CPO
2013 Raleigh Blvd
Raleigh NC 27604

Please reference H2O for Hunger Challenge
in the memo section.



HOW IT WORKS

September 14th–20th

We encourage you to drink tap water instead of your preferred beverage to commemorate National Hunger Action Month. The money you save for one week will help the CPO Food Pantry feed hungry families. In fact, a donation of \$55 can feed a family of four for one week.

**The H2O for Hunger Challenge proves that
one small sacrifice can change lives!**

