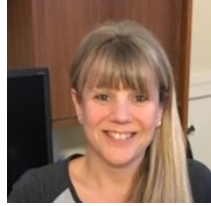


# June Newsletter

## CATHOLIC PARISH OUTREACH FOOD

### Note From the Director

Kelly



The strongest people you'll ever meet aren't the loudest. They're the ones who show up without being asked, give without keeping score, and hold space for someone else's pain without making it about themselves. Psychology shows that kindness isn't just generous — it's powerful. It increases happiness, builds trust, and deepens human connection in ways that force and authority never could. People whose compassion and empathy never needed credit. They just led with their hearts — and the world around them shifted without a single person noticing how.



Grace Jerejian

We cannot have too much kindness in this world. We need to give it away in abundance! We can change the world around us by quietly giving it away and not keeping score!

Thank you and God Bless!

In Kindness,

Kelly

Throw  
kindness  
around like  
Confetti.



Kelly Rappl

**Program Director**

E-mail: [Kelly.Rappl@ccharitiesdor.org](mailto:Kelly.Rappl@ccharitiesdor.org)  
919-873-0245 x2300

Deanna McCulloch

**Assistant Program Director**

E-mail: [Deanna.McCulloch@ccharitiesdor.org](mailto:Deanna.McCulloch@ccharitiesdor.org)  
919-873-0245 x2310

Susan Hicks

**Health Education Specialist**

E-mail: [Susan.Hicks@ccharitiesdor.org](mailto:Susan.Hicks@ccharitiesdor.org)  
919-873-0245 X2350

Myra Bradley

**Family Care Coordinator**

E-mail: [Myra.Bradley@ccharitiesdor.org](mailto:Myra.Bradley@ccharitiesdor.org)  
919-873-0245 x2320

Darcy Hull

**Volunteer Coordinator**

E-mail: [CPOvol.Coordinator@ccharitiesdor.org](mailto:CPOvol.Coordinator@ccharitiesdor.org)  
Phone and Text: 919-847-1466

2013 Raleigh Blvd, Raleigh NC 27604  
919-873-0245

**Hours of Operation:**

Mon/Wed/Thurs/Friday & Saturday  
9 am—12pm

Tax ID # 56-0529943 (Catholic Charities—CPO)



### VOLUNTEERING AT CPO

**Looking to volunteer:**

We are now using Point software for people to volunteer at CPO.

Contact our Volunteer Coordinator Darcy Hull (call or text) 919-847-1466 or email [CPOvol.Coordinator@ccharitiesdor.org](mailto:CPOvol.Coordinator@ccharitiesdor.org) and she will work with you to sign up to

We have been blessed with a new forklift made possible by a generous donor. Our old forklift was a 1999 RAYMOND model that finally needed to be retired due to missing a large chunk out of the back wheel which was not replaceable due to scarcity and cost. We had many good years with Raymond but it was time for an upgrade! Our new forklift is a 2020 model and is so quiet compared to its predecessor. We will be emphasizing forklift safety and have installed new belt barriers in the warehouse.

**DO NOT enter areas that are closed off by these barriers!**

### Pope Leo XIV receives Catholic Charities USA leadership in private audience

Published on May 5, 2026



Pope Leo XIV on Monday, May 4, received the board of directors and senior staff of Catholic Charities USA (CCUSA) in a private audience at the Vatican. During the meeting, the Holy Father **expressed gratitude** to the Catholic Charities network “for your willingness to carry on our Lord’s ministry of compassion to the least among us.” Collectively, the 169 Catholic Charities agencies in the United States serve more than 16 million people in need each year.

“In doing so, you seek to find solutions to inhumane situations, alleviate the suffering of individuals and families, and relieve the burden of those who are weighed down by hardship and strife,” Pope Leo said. “In all of these circumstances, it must be the charity of Christ that compels you in your daily work (cf. *2 Cor 5:14*). That is, the desire to bring to others material aid with the love of the heart of Jesus, for it is in that love that their genuine rest and their dignity be respected.”

Citing his 2025 apostolic exhortation *Dilexi Te*, the Holy Father shared that “love for our neighbor is tangible proof of the authenticity of our love for God.” He explained that when Catholic Charities agencies minister to those in need, they share the “joy of the Resurrection” with those being served. At the same time, the staff and volunteers of Catholic Charities agencies “come into contact with the flesh of Christ by seeking to see and serve him in our brothers and sisters.” In this way, the pope said, the services of the Catholic Charities network “become a mutual encounter with the Lord who is present among us.”

Pope Leo concluded his remarks by extending an Apostolic Blessing to all of the Catholic Charities agencies in CCUSA’s network.

# June Newsletter



Catholic Parish Outreach  
Food Pantry  
A Program of Catholic Charities

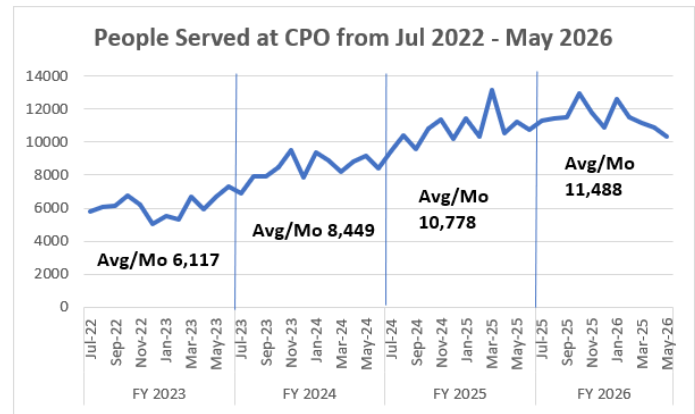
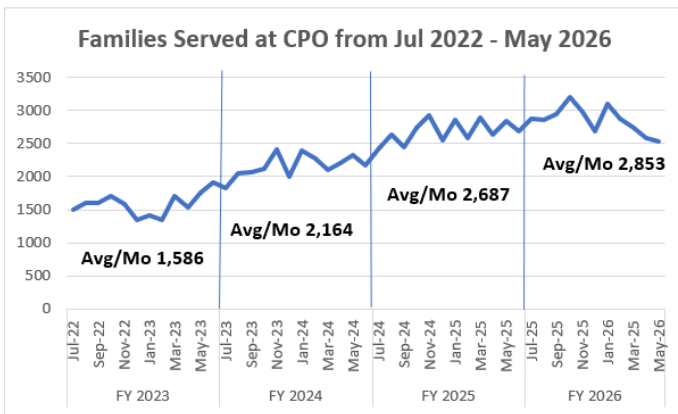
Providing Help – Creating Hope – Serving All

## CATHOLIC PARISH OUTREACH FOOD PANTRY

### FOOD DISTRIBUTION

	May-25	May-26	% Inc
Families	2,837	2,540	-12%
People	11,260	10,335	-9%

*Inexplicably, with all the churn and turmoil in our clients lives and the economy, we have seen a slight dip in demand. This is happening at other food pantries as well, and we are in no way anticipating that this trend will continue long term.*



### CLOTHING & DIAPERS

	May-25		May-26		Clothing	Diapers
	Clothing	Diapers	Clothing	Diapers	% Dec	% Dec/Inc
Families	747	756	640	783	-18%	1%
People	1036	962	881	1,018	-18%	6%

- We are still seeing a drop in clothing to distribute (due to the economy) which is driving numbers served down.
- We are still seeing an increase in demand for diapers.

### MOBILE FOOD PANTRY (MFP)—WAKE

	May-26	
	MFP 1	Feb 25 - May26
Families	100	1,528
People	470	6,944

	May-26	
	MFP 2	Oct 25- May 26
Families	89	726
People	143	923

MFP1 = Kingsborough Estate Raleigh NC Distribution -- mobile home park

MFP2 = King's Ridge CASA location -- new apartments with 100 units including veterans/families (some with single mothers), senior citizens