

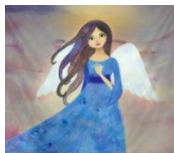
December Newsletter



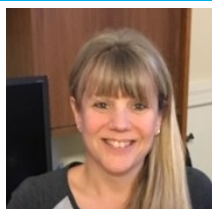
Catholic Parish Outreach
A Program of Catholic Charities

CATHOLIC PARISH OUTREACH FOOD

Note From the Director



Kelly



We have been preparing for the season of Christmas to celebrate the birth of our Lord. To me this holiday is not only the beginning of the greatest story of sacrifice in history, but also a story about family and love. I believe God wants to remind us that none of us are alone, even during tough times, and that we are all brothers and sisters. This link shows itself every day at CPO in the interactions between everyone, especially with the neighbors that we are privileged to serve.


It is in challenging times that we find out what God created us for and we use these talents to make the world a better place. That love grows hope, which in turn grows faith.

"Be devoted to one another in love. Honor one another above yourselves".
Romans 12:10

*Have a Merry Christmas Season!
Take Care and God
Bless!*

Kelly



*Very Generous People, that withstands
compassion and love!* 
Ira Wilson

*They definitely are the best—so grateful
for this organization* **Ericka Guzman**



Catholic Charities CEO Lisa Perkins
with Faith from Good Morning
America during their live interview on
Friday November 22nd.

Kelly Rappl
Program Director
E-mail: Kelly.Rappl@ccharitiesdor.org
919-873-0245 x2300

Deanna McCulloch
Assistant Program Director
E-mail: Deanna.McCulloch@ccharitiesdor.org
919-873-0245 x2310

Susan Hicks
Health Education Specialist
E-mail: Susan.Hicks@ccharitiesdor.org
919-873-0245 X2350

Myra Bradley
Family Care Coordinator
E-mail: Myra.Bradley@ccharitiesdor.org
919-873-0245 x2320

Darcy Hull
Volunteer Coordinator
E-mail: CPOvol.Coordinator@ccharitiesdor.org
Phone: 919-873-0245 x2370
Text: 919-847-1466

2013 Raleigh Blvd, Raleigh NC 27604
919-873-0245

Hours of Operation:
Mon/Wed/Thurs/Friday & Saturday
9 am—12pm



Tax ID # 56-0529943 (Catholic Charities—CPO)

VOLUNTEERING AT CPO

***We are in need of volunteers to work in the
warehouse or do monthly/quarterly/yearly
maintenance projects at CPO.***

Looking to volunteer:

**We are now using Point software for
people to volunteer at CPO.
Contact our Volunteer Coordinator Darcy
Hull (call or text) 919-847-1466 or email
CPOvol.Coordinator@ccharitiesdor.org
and she will work with you to sign up to
serve.**

December Newsletter



Catholic Parish Outreach
A Program of Catholic Charities

CATHOLIC PARISH OUTREACH FOOD PANTRY

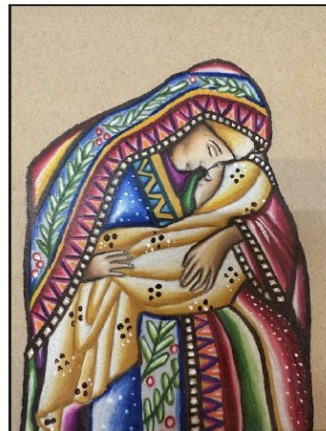
Give gifts that reflect the
true meaning of Christmas!

Christmas HONOR CARDS

Catholic Parish
Outreach Food Pantry
has been **serving those
in need for 48 years.**

Last year we distributed one
week's worth of groceries to
over 130,000 people.

A gift of **\$55 feeds a
family for a week.**



Unto Us A Child Is Born...

A generous gift has been made to
Catholic Parish Outreach
Food Pantry in your honor by

Thanks to this kindhearted
donation, we will feed more
families during this
Christmas season.

Every dollar makes a
difference in the fight
against hunger.

Consider honoring friends, co-workers, teachers,
and family members in this meaningful way.

We will send a beautiful color Christmas honor card
to share the joy of your donation with those you
wish to honor. (minimum donation of \$10 / card)

Enclosed is my gift to CPO for: \$ _____

Minimum donation is \$10 per card. Donations may be tax-deductible.

Please make checks payable to: Catholic Parish Outreach **To charge your credit card:**
with "Christmas Honor Cards" in the notes section.

Your Name: _____

Address: _____

City, State, Zip: _____

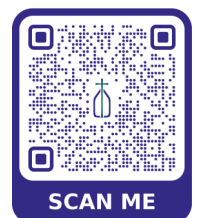
Phone: _____

☐ VISA ☐ Discover
☐ AMEX ☐ MasterCard

Card Number: _____

Exp. Date: _____ Security Code: _____

Signature: _____



December Newsletter



Catholic Parish Outreach
A Program of Catholic Charities

CATHOLIC PARISH OUTREACH FOOD PANTRY

FOOD DISTRIBUTION

	Nov-24	Nov-25	% Inc
Families	2,921	2,974	1%
People	11,387	11,801	1%

November was a crazy month at CPO — 1st week no SNAP up 40%! Then CBP/ICE raids caused numbers to drop dramatically!

MOBILE FOOD PANTRY—WAKE CO.

	Nov-25	
	MFP 1	Feb 25- Nov 25
Families	99	935
People	428	4,223

MFP1 = Kingsborough Estate Raleigh NC Distribution -- mobile home park

	Nov-25	
	MFP 1	2nd Distribution
Families	94	188
People	152	283

MFP2 = King's Ridge CASA location -- mix newly housed 100 units including veterans/families (some with single mothers), senior citizens

Knights of Columbus Coats for Kids®



Knights of
Columbus®



No child should be without a coat in the winter and no parent should have to decide between a coat for their child or putting food on the table. Since the Coats for Kids initiative launched in 2009, Knights of Columbus have distributed over 1 million coats.

A huge thank you to all of the local Knights of Columbus Councils that have been participating in this national Knights of Columbus initiative:

Council #12455 St Luke the Evangelist
Council #7186 Fr. Charles Mulholland StMM
Council # 9709 All Saints St Francis
Council #11234 St Catherine of Siena

In December of 2025 CPO distributed over 500 NEW coats donated by the Knights of Columbus to pre-school aged children at CPO and older children at CpFH to keep them warm this winter! Many have benefited from this amazing program!

CLOTHING & DIAPERS

	Nov-24		Nov-25		Clothing	Diapers
	Clothing	Diapers	Clothing	Diapers	% Dec	% Dec
Families	716	761	585	683	-23%	-11%
People	969	945	778	868	-24%	-12%

November was a crazy month at CPO — 1st week no SNAP up 40%! Then CBP/ICE raids caused numbers to drop dramatically!

Also Clothing was closed Saturdays due to clients almost doubling!

Bishop Luis Zarama
delivering carts on
Tuesday November
25th before
Thanksgiving



December/ Diciembre

2025

Sunday / Domingo	Monday/Lunes	Tuesday/Martes	Wed / Miércoles	Thurs / Jueves	Friday/ Viernes	Sat / Sábado
21	22	23	24	25	26	27
	Food Pantry / Despensa OPEN / ABIERTO 9am – 12pm	Food Pantry / Despensa OPEN / ABIERTO 9am – 12pm	Food Pantry/ Despensa CLOSED / CERRADO	Food Pantry/ Despensa CLOSED / CERRADO NAVIDAD	Food Pantry/ Despensa CLOSED / CERRADO	Food Pantry/ Despensa CLOSED / CERRADO
28	29	30	31	January / Enero 1	January / Enero 2	January / Enero 3
	Food Pantry / Despensa OPEN / ABIERTO 9am – 12pm	Food Pantry / Despensa OPEN / ABIERTO 9am – 12pm	Food Pantry/ Despensa CLOSED / CERRADO	Food Pantry/ Despensa CLOSED / CERRADO NEW YEARS / AÑO NUEVO	Food Pantry / Despensa OPEN / ABIERTO 9am – 12pm	Food Pantry / Despensa OPEN / ABIERTO 9am – 12pm