

October 2025 Newsletter



Catholic Parish Outreach
Food Pantry
A Program of Catholic Charities

Providing Help – Creating Hope – Serving All

CATHOLIC PARISH OUTREACH FOOD PANTRY

Note From the Director

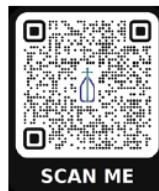
Kelly



NEED TO KNOW

- The U.S. Department of Agriculture announced that approximately "42 million Americans" could lose their SNAP benefits from Nov. 1
- According to the USDA, there will not be enough funding to pay SNAP benefits if the government shutdown continues
- The U.S. government shut down on Oct. 1 after Congress came to a standstill on passing a spending bill that would finance the government beyond Tuesday, Sept. 30

CPO Website:



It's amazing the things that you read can have a such an impact on your day. Bad news can make you feel hopeless and an inspirational quote can make you realize the power of your own choices. Jesus' words can have the biggest impact on who we want to be. His words are so much more powerful than anything I can say....

"For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink.....

Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you something to drink?...

Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me".

Matthew 25: 35, 37, 40

Take care and God Bless!

Kelly

Kelly Rappl

Program Director

E-mail: Kelly.Rappl@ccharitiesdor.org

919-873-0245 x2300

Deanna McCulloch

Assistant Program Director

E-mail: Deanna.McCulloch@ccharitiesdor.org

919-873-0245 x2310

Susan Hicks

Health Education Specialist

E-mail: Susan.Hicks@ccharitiesdor.org

919-873-0245 X2350

Myra Bradley

Family Care Coordinator

E-mail: Myra.Bradley@ccharitiesdor.org

919-873-0245 x2320

Darcy Hull

Volunteer Coordinator

E-mail: CPOvol.Coordinator@ccharitiesdor.org

Phone: 919-873-0245 x2370

Text: 919-847-1466

2013 Raleigh Blvd, Raleigh NC 27604

919-873-0245

Hours of Operation:

Mon/Wed/Thurs/Friday & Saturday

9 am—12pm

VOLUNTEERING AT CPO

We are in need of volunteers to work in the warehouse or do monthly/quarterly/yearly maintenance projects at CPO.

Looking to volunteer:

We are now using Point software for people to volunteer at CPO.

Contact our Volunteer Coordinator Darcy Hull (call or text) 919-847-1466 or email CPOvol.Coordinator@ccharitiesdor.org and she will work with you to sign up to serve.

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Our 17th Annual H2O for Hunger met and exceeded its \$50,000 match goal.

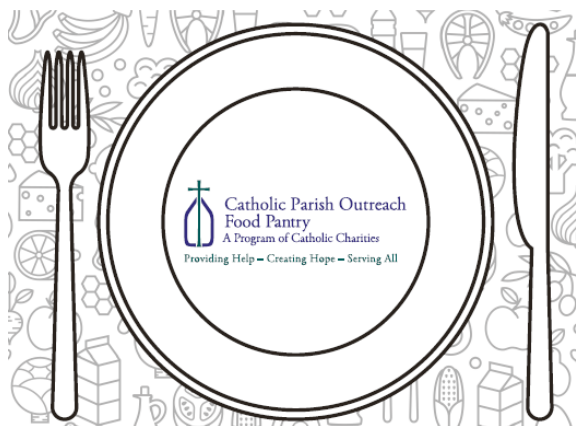
THANK YOU!

***Your help is still needed. We need to make
EVERY MONTH HUNGER ACTION MONTH!***

Last year CPO
distributed groceries to over

130,000 individuals

We need your help to continue
providing this vital service.



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FOOD DISTRIBUTION

	Sep-24	Sep-25	% Inc
Families	2,448	2,941	20%
People	9,576	11,512	20%

CPO had a BUSY September!

MOBILE FOOD PANTRY —WAKE CO.

MFP1 = Kingsborough Estate Raleigh NC Distribution

	Sep-25	
	MFP 1	Feb 25-Sept 25
Families	97	736
People	446	3,364

CPO will begin distribution at it's second Mobile Pantry (MFP2) on 10/28/25 at CASA's Kings Ridge!

CLOTHING & DIAPERS

	Jul-24		Jul-25		Clothing	Diapers
	Clothing	Diapers	Clothing	Diapers	% Inc	% Inc
Families	618	694	723	774	17%	12%
People	820	871	979	969	18%	11%

	Aug-24		Aug-25		Clothing	Diapers
	Clothing	Diapers	Clothing	Diapers	% Inc	% Inc
Families	689	701	715	741	4%	6%
People	936	877	1,008	967	8%	10%

	Sep-24		Sep-25		Clothing	Diapers
	Clothing	Diapers	Clothing	Diapers	% Inc	% Inc
Families	577	611	692	697	21%	14%
People	762	746	913	865	20%	16%

	1st Qtr FY 2025		1st Qtr FY 2026		Clothing	Diapers
	Clothing	Diapers	Clothing	Diapers	% Inc	% Inc
Families	1,884	2,006	2,130	2,212	17%	10%
People	2,518	2,494	2,900	2,801	11%	12%

Clothing distribution is infant through 4 years old & Maternity

Diaper totals include Infants and Adult Briefs



Donate or sign up
for your walk today!

CPO is a benefitting agency again for this year's walk!

NEW WALK DATE!

Greater Triangle Area CROP Hunger Walk
Saturday, November 8, 2025

First Baptist Church
99 N. Salisbury Street
Raleigh, NC 27603



Registration: 10:00am/Step off at 11:00am

CHICKENS, BEANS AND BIG *Dreams*

www.crophungerwalk.org/trianglenc

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Catholic Charities
of the Diocese of Raleigh

Savor Food Truck

catholiccharitiesraleigh.org/programs/savor/

EVERY ORDER MAKES A DIFFERENCE

Savor is a food truck with a purpose. As a social enterprise of Catholic Charities of the Diocese of Raleigh, Savor serves healthy, flavorful meals while raising critical funds to expand mobile food pantries across Eastern and Central North Carolina. With too many families facing food insecurity, Catholic Charities developed this innovative solution to reach more communities in need. When you order from Savor, you're part of the solution!



FRESH & FLAVORFUL MENU

Savor's menu brings together bold, international flavors and wholesome ingredients. From a zesty Tex-Mex bowl to Mediterranean favorites to comforting ramen, each dish is crafted to be vibrant, satisfying, and nourishing. Thanks to our unique model as a social enterprise, we also incorporate donated food into both regular menu items and rotating specials, making each visit a little different. Guests can also take control by building their own bowl with a variety of bases, proteins, and toppings. Stop by Savor and discover the fresh flavors that fit your craving!

HOST SAVOR AT YOUR EVENT!

Planning a festival, corporate lunch, or neighborhood block party? Bring Savor to your doorstep. Our team delivers a turnkey food service experience that delights your guests while amplifying your event's social impact.

- Flexible service windows from 2-6 hours
- Menus tailored for intimate groups or large crowds
- Fully self-contained with power and water (no hookups needed)

Contact our Food Truck GM

savor@ccharitiesdor.org
(984) 354-5620