


August 2025 Newsletter

 Catholic Parish Outreach
Food Pantry
A Program of Catholic Charities
Providing Help – Creating Hope – Serving All

CATHOLIC PARISH OUTREACH FOOD PANTRY

Note From the Director

Kelly



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cporaleigh.org

Hours of Operation:

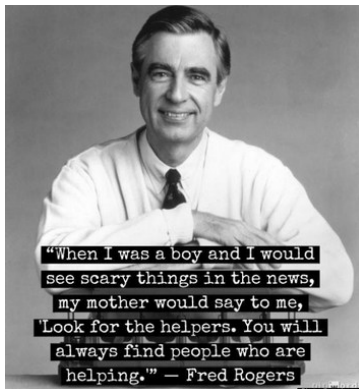
Mon/Wed/Thurs/Friday & Saturday

9 am—12pm

We were blessed to have Congresswoman Deborah Ross visit us on July 30th. Since the visit coincided with the end of the month and on a Wednesday (which is CPO's busiest day of the week), she was able to see CPO in action feeding over 200 families in a single day. Also present were the CEO's of the Food Bank of Central and Eastern NC and Catholic Charities of the Diocese of Raleigh, as well as crews from 4 different news outlets. On the next page is the first of the coverage that highlights what our neighbors are facing.

Ross, after tearing up at the current status of CPO and many other food pantries, says she plans to continue the fight for restoration of benefits that help so many in need. I told her that she is now a full member of the hunger fighting CPO family.

I know things seem so dire, but like Mr. Rogers explained, there are always helpers that will pull together to get us through tough times. We are grateful for every single one of them as we continue to serve our neighbors groceries with respect and kindness, and love just like Jesus would!



VOLUNTEERING AT CPO

Looking to volunteer:


We are now using Point software for people to volunteer at CPO.

Contact our Volunteer Coordinator Darcy Hull (call or text) 919-847-1466 or email CPOvol.Coordinator@ccharitiesdor.org and she will work with you to sign up to serve.

Kelly

Take care and God Bless!

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HUMAN INTEREST

SPECTRUM
NEWS 1

Food pantries struggle after SNAP cuts

BY RYAN HAYES-OWENS | CENTRAL NC
PUBLISHED 5:30 PM ET JUL. 30, 2025

RALEIGH, N.C. — After recent federal funding cuts to the Supplemental Nutrition Assistance Program (SNAP), food pantries across the state are facing a critical shortage. The Catholic Parish Outreach Food Pantry staff said they're working to keep shelves stocked but have seen an increase in families needing help.

What You Need To Know

- 1 in 7 North Carolinians face food security
 - It's the highest rate in nearly two decades
 - Catholic Parish Outreach Food Pantry has seen a 60% increase in families needing food
-

It's a constant sound at Catholic Parish Outreach Food Pantry as volunteers tear open boxes and work to pack the carts to deliver food to guests.

"We've seen a real drop in the amount of food that's been donated," said Tommy Boggs, a 13-year volunteer. He said it's happened in just the last two years.

Recent federal funding cuts to SNAP are expected to impact thousands of North Carolina families.

Congress has reduced food assistance by 20%, ultimately affecting working families.

U.S. Rep. Deborah Ross toured the pantry, walking down the aisles and listening to what's at stake.

"Let's talk about who these people are," Ross said. "They're children, they're seniors on Meals on Wheels... they are veterans."

According to the Food Bank of Central & Eastern North Carolina, 1 in 7 people in North Carolina are now food insecure — a near 20-year high. Catholic Parish Outreach alone has seen a 60% increase in families coming in for food.

Despite the strain, Boggs said he and the staff, along other committed volunteers will continue to feed as many families as they can.

"It's tough," Boggs says. "But we're doing the best we can to keep food on the shelves and help people who need it most."

Pantry leaders say they're thankful for Ross' visit, and they hope it turns concern into action.

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FOOD DISTRIBUTION

	Jul-24	Jul-25	% Inc
Families	2,429	2,874	18%
People	9,475	11,329	20%

We started the year off with a bang again. After the 60% total increase over the last 2 years we were up again almost 20%!

Note: we have been delivering to a very small number of housebound families serving an average 110 families/mo.

"Feeding starving people is not, and should never be, political."
~Chef Jose Andres, World Central Kitchen



MOBILE FOOD PANTRY—WAKE CO.

	Jul-25	
	MFP 1	Feb 25-Jul 25
Families	73	554
People	335	2,490

MFP1 = Kingsborough Estate Raleigh NC Distribution

CPO was recently awarded a grant to feed families via a mobile food pantry (MFP) model — the grant runs until the end of 2026. It kicked off very successfully by distributing food to clients in the Kingsborough Estates (MFP1) in February 2025; so to date we have distributed enough food to serve almost 2,500 people. The plan is to add another MFP in September of 2025 (MFP2) which should double those served/month. Details will be shared in the next newsletter about the expansion.

NEW



ATTENTION:
GORALEIGH ROUTE 3 CHANGES

After years of requests, CPO now has a bus stop for our clients to pick up groceries and ride the bus home!

The GoRaleigh Route 3, which is the Glascock route, was realigned and extended to serve Brentwood Road starting around June 2025. The new route path is **bidirectional along Raleigh Boulevard**, and the service frequency was increased to every 30 minutes all day. The stop is located between Best Tile and CPO.



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Every dollar donated
up to \$50,000
will be matched by
CPO Friends
to fight hunger for
National Hunger
Action Month!

**DRINK WATER
AND HELP YOUR
COMMUNITY**

Last year CPO
distributed groceries to over

130,000 individuals

**We need your help to continue
providing this vital service.**

HOW TO DONATE

Online:



CatholicCharitiesRaleigh.org/CPO

Click on the H2O for Hunger Logo
on our homepage

Call: 919-873-0245 X 2300

Checks:

CPO

2013 Raleigh Blvd

Raleigh NC 27604

Please reference H2O for Hunger Challenge
in the notes section



@cporaleigh

HOW IT WORKS

September 15th - 21st

We encourage you to drink tap water instead of your preferred beverage to commemorate National Hunger Action Month. The money you save for one week will help the CPO Food Pantry feed hungry families. In fact, a donation of \$55 can feed a family of four for one week.

**The H2O for Hunger Challenge proves that
one small sacrifice can change lives!**

