


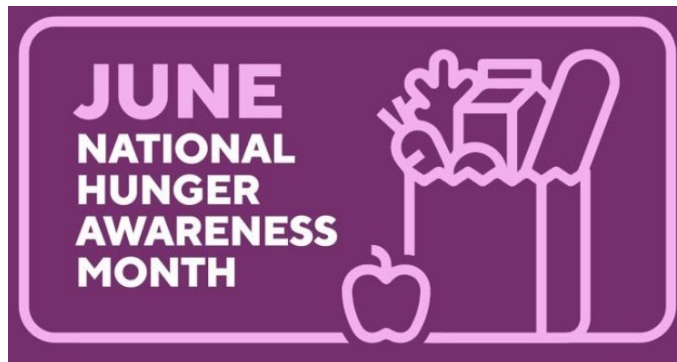
# June 2025 Newsletter

 Catholic Parish Outreach  
Food Pantry  
A Program of Catholic Charities  
Providing Help – Creating Hope – Serving All

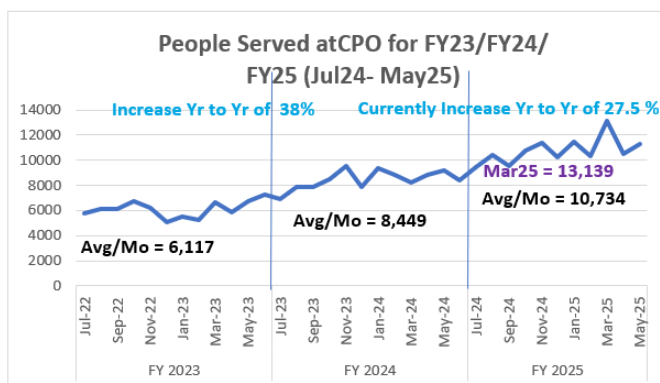
## CATHOLIC PARISH OUTREACH FOOD PANTRY

Note  
From  
the  
Director

Kelly



No one is more aware of the prevalence of Hunger in our community than everyone at CPO. The month of June is an educational precursor to promoting the importance of ACTION to go along with that awareness, which is in September for HUNGER ACTION MONTH. With all the changes that are happening in our community NOW, we are putting HUNGER in the spotlight, since it is one of the most basic needs we have to survive. We cannot go without food for a month since we have no money! June is a perfect month to highlight this issue, since schools are getting ready to be off for the summer and there are not enough resources to make up for missing meals children will miss at school. We are always very busy over the summer months feeding extra meals to hungry and growing young children. I believe that it should be HUNGER ACTION month EVERY MONTH until food insecurity is eradicated in our community! Let's be HUNGER FIGHTERS TOGETHER!



Take care,  
try to stay  
cool and God  
Bless!

Kelly

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[cporaleigh.org](http://cporaleigh.org)

Hours of Operation:

Mon/Wed/Thurs/Friday & Saturday

9 am—12pm

**We are now open ALL Saturdays**

**for CPO food distribution**

**CPO is open from 9 am—12pm**

**Looking to volunteer:**

We are now using **Point** software for people to volunteer at CPO.

**To sign up go to: [dash.pointapp.org](https://dash.pointapp.org)**

**Create username and password**

**Choose Catholic Charities Raleigh for the organization**

**If you need help in signing up contact our Volunteer Coordinator Darcy Hull (call or text) 919-847-1466 or email her at [CPOvol.Coordinator@ccharitiesdor.org](mailto:CPOvol.Coordinator@ccharitiesdor.org)**

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## CATHOLIC PARISH OUTREACH FOOD PANTRY

*Our numbers continue to rise just as the temperatures are rising. We are in for a BIG summer!*

	Jul-May FY 24	Jul-May FY 25	% Inc
Families	23,796	29,556	24%
People	93,006	118,599	28%

	May-24	May-25	% Inc
Families	2,324	2,837	23%
People	9,151	11,260	23.0%

	Jul-May FY 24 AVG	Jul-May FY 25 AVG	% Inc
Families	2,163	2,687	24%
People	8,455	10,782	27.5%

**WHEN IS  
HOT  
TOO  
HOT**

### Heat Cramps

- Profuse sweating
- Fatigue
- Thirst
- Painful Cramps especially in abdomen, legs, and arms

#### How to Act?

- Stop all activity.
- Move to shade.
- Drink water, clear juice or sports drink.



Source:



### Heat Exhaustion

- Dizziness or Fainting
- Heavy Sweating
- Rapid, Weak Pulse
- Nausea or Vomiting
- Cold, Pale Clammy Skin
- Muscle Cramps
- Weakness

#### How to Act?

- Help the person get to a cooler, air-conditioned place.
- Encourage them to drink water if they are fully conscious.



### Heat Stroke

- Throbbing Headache
- Loss of Consciousness
- Rapid, Strong Pulse
- High Body Temperature
- Confusion
- Red, Hot, Dry Skin
- Strange Behavior
- Nausea or Vomiting

#### How to Act?

**Act Immediately! CALL 911!**



### Tips to Prevent Heat Illness at Work

- Stay hydrated and drink plenty of cool water even if you are not thirsty.
- Avoid caffeine and alcohol
- Rest for long enough to recover from heat
- Take breaks in shady or cool areas
- Wear lightweight, light-colored, loose fitting clothes
- Use sunscreen on exposed skin
- Watch out for each other
- Verbally check on workers wearing face coverings
- Gradually increase work load and heat exposure to adjust working in heat

# June 2025 Newsletter



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## CATHOLIC PARISH OUTREACH FOOD PANTRY



### The Need

More than **1.5 million** individuals in North Carolina lack reliable access to healthy meals.

### Our Response

Last year, 200 golfers supported this **SOLD OUT** event. Proceeds were used to support our food pantries across the Diocese of Raleigh which distribute over 5 million pounds of food each year.

#### Date:

Monday, August 4, 2025  
10:00 A.M. Shotgun Start

#### Location:

Prestonwood Country Club  
Cary, NC

#### Details

Captain's Choice Tournament  
Light breakfast at check-in  
Boxed lunches on the course  
Reception  
following the tournament



**REGISTER NOW!** [CatholicCharitiesRaleigh.org/golf-2025](https://CatholicCharitiesRaleigh.org/golf-2025)

Early Bird Registration ends May 1  
Sponsorship Opportunities Available

Help us put a meal on a neighbor's table  
by supporting this event!

For more information about this event and sponsorship opportunities,  
please contact Tyffanie Paganello, Development Coordinator, at [Tyffanie.Paganello@ccharitiesdor.org](mailto:Tyffanie.Paganello@ccharitiesdor.org)

(984) 300 - 3426

[www.CatholicCharitiesRaleigh.org](https://www.CatholicCharitiesRaleigh.org)





# In Memory....

## CATHOLIC PARISH OUTREACH FOOD PANTRY

### Barbara Blasiolo Obituary



***Unfortunately we have had another loss in the CPO Family.***

***Barbara is the wife of our long-time volunteer, George Blasiolo. Barbara and George established a ministry for food delivery to families. This ministry has now grown to serve almost 120 families a month at CPO.***

**B**arbara Beavers Blasiolo, 77, of Wake Forest, NC, formerly of Greensburg, passed away on Monday, June 23, 2025, with her family at her side. She was born Sept. 6, 1947, the daughter of the late John W. Beavers and Emilie Heritage Beavers. She is survived by her lifelong best friend and husband, George Blasiolo; two daughters, Jennifer Tate (John) and Kerri Peck; and five grandchildren who were the light of her life, Mara and Ava Tate and Brandon, Ashleigh, and Emma Peck, all of Raleigh, NC. Barbara graduated from Greensburg-Salem High School and Robert Morris University with an associate degree in medical administrative assistance. She was a loving and devoted wife, mother, and grandmother; an avid reader of spiritual and religious books, many written about or by the saints of the church; and very active in church ministries, which included serving as a preschool catechist, RCIA director and catechist at Blessed Sacrament Cathedral in Greensburg, PA, Camillus, Eucharistic minister, and hourly adorer. Barbara was also a member of Tapestry, a Christian singing group. While a member of the group, she composed and received a copyright for a song entitled "Tapestry of Love." Barbara, along with her husband, George, began a ministry of volunteers to deliver food to the homebound from the Catholic Parish Outreach food pantry. In lieu of flowers, please send donations to Catholic Parish Outreach food pantry, 2013 N. Raleigh Blvd., Raleigh, NC 276044. A funeral mass will be conducted at 11 a.m. on Monday, June 30, 2025, at Saint Catherine of Siena (520 W Holding Ave., Wake Forest, NC 27587). A visitation will be held the afternoon prior, from 4 to 6 p.m. Sunday, June 29, 2025. Entombment in the Mausoleum of Pine Forest Memorial Gardens will follow Mass (770 Stadium Drive, Wake Forest, NC 27587).

# In Memory....

## CATHOLIC PARISH OUTREACH FOOD PANTRY

### MSG JULIO CHARLES MARTINEZ, US ARMY, RET.

Wake Forest, North Carolina

February 21, 1937 - June 19, 2025

***Unfortunately we have had another loss in the CPO Family. Julio and his wife Stella volunteered with CPO in the 2010's. Julio was always a warm presence when he was our greeter and his smile could light up a room!***



It is with bittersweet sadness that we announce Julio Charles Martinez has finally entered eternal rest after his more than 10-year journey with Alzheimer's. Remembering his warmth, kindness, and subtle humor will continue to put beautiful smiles on our faces.

Julio was a gentleman, a NYU graduate, 26-year Army veteran, senior softball World Series champion and a CPO volunteer. He had immense love for family, baseball, Brooklyn, and cookies.

Heaven's gates swung open wide and the angels sang hallelujah as he was reunited with his dear mother and father, Julio & Laura Celin Martinez from Arecibo, Puerto Rico, brother Bobby and cousin Georgie.

Those who will miss him dearly are his devoted wife Stella Martinez, who has been by his side for over 55 years. Together they raised four lovely children and he was a proud grandfather of seven grandchildren: Chris and his children Cole & Anthony, Mike (Leesa) and their children, Mikey & Izzac, Anna and her children, Benjamin & Daniel, and Matthew (Dana) and their child Gabriel. Along with his beloved baby brother Eddie.

He leaves behind will miss his gentle soul and beautiful smile. Julio's example of kindness and love will continue to ripple for generations.

As an expression of Sympathy and Love, in lieu of flowers, the family suggests that donations be made to Little Sisters of the Poor, Louisville, KY. (Honoree/Memorial Name: Julio Martinez)

A Mass of Christian Burial will be held at 9:30 a.m. on June 27, 2025, at St. Catherine of Siena Catholic Church in Wake Forest, followed by burial in the church's memorial garden.