

# November 2023 Newsletter



Catholic Parish Outreach  
Food Pantry  
A Program of Catholic Charities  
Providing Help – Creating Hope – Serving All

## CATHOLIC PARISH OUTREACH FOOD PANTRY

### Note From the Director

Kelly



Grateful  
Thankful  
Blessed

Even after 14 years of experiencing the holiday season at CPO, I still marvel at how we are able to serve so many families in such a short period of time. It brings to mind the loaves and the fishes. That we are able to pull from all we have individually to create something that is greater than the sum of its parts, to me it is a miracle!

We not only feed people nourishing food we also feed their souls as well. During a time that should be a celebration for all, many are struggling with major life issues. It is so very important for our neighbors in need to feel that they are not invisible and that they matter. Our donors, volunteers and staff all work very hard to create this atmosphere of giving, caring and respect.

I am so lucky and humbled to work with such a group of wonderful people we affectionately call the "CPO Family". It takes so many to make CPO run and every single one of you are important to us and our success.

I hope you have a wonder-filled, safe and Happy Thanksgiving! God Bless!

Kelly



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2013 Raleigh Blvd, Raleigh NC 27604  
919-873-0245  
cporaleigh.org

**Hours of Operation:**  
Mon/Wed/Thurs/Friday and 3rd/4th Saturday  
9 am—12 pm

CPO is open on the 4th Saturday each month. In October we have added 3rd Saturdays as well. The hours of operation are 9am—12pm. We will be looking to expand to all Saturdays after Easter 2024.

If you are interested in volunteering please contact Darcy, CPO Volunteer Coordinator at 919-847-1466 for more details!

Saturdays through the end of 2023  
Dec 16th only

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**CPO has been experiencing an explosion in growth in the last calendar year! The number that CPO is serving per month has risen over **35% from Jan 2023 (5513 people) compared to October 2023 (8452 people)** with our two busiest months of the year still waiting to be counted.**

	Oct-22	Oct-23	% Increase
People Served	6742	8452	20%
Families Served	1714	2127	5%

	Jan-23	Oct-23	% Increase
People Served	5513	8452	35%
Families Served	1414	2127	8%

	Jan-22	Oct-23	% Increase
People Served	5030	8452	40%
Families Served	1291	2127	10%

**We are up over **40% from Jan 2022 (5030 people) compared to October 2023 (8452 people)**. We anticipate almost doubling the number of people we have served over that period by year end 2023!**



### ***Volunteer Drivers Needed for CPO's Home Delivery Program "CPO Samaritans"***

To better serve our neighbors in need, CPO has been piloting a home delivery program for those who are homebound or lack transportation. Due to demand and need, this program is starting to grow, and more drivers are needed. The home deliveries are made on Wednesdays and Thursdays leaving CPO around 10am and it would take about an hour to complete the small route of deliveries. If you, a friend, or family member are interested in becoming a home delivery volunteer please contact Susan Hicks at [susan.hicks@ccharitiesdor.org](mailto:susan.hicks@ccharitiesdor.org).

*CPO has purchased an AED and are asking for any active volunteers that are AED/CPR current certified to provide a copy of your current certificate, so that we are aware of those that can help during a medical emergency. The AED is located right outside the food area in the hallway for easy access to either waiting room, the food area or the CPO warehouse in an emergency.*



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## CATHOLIC PARISH OUTREACH FOOD PANTRY

Give gifts that reflect the  
true meaning of Christmas!

### Christmas HONOR CARDS



Catholic Parish Outreach  
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Catholic Parish  
Outreach Food Pantry  
has been **serving**  
**those in need for**  
**46 years.**

Last year we  
distributed one  
week's worth  
of groceries to **over**  
**73,000 people.**

A gift of **\$40 feeds a**  
**family for a week.**

**Sample Form — There are three ways to contribute to this year's Honor Card Campaign**

**For more details on how to order contact Kelly Rappl at [kelly.rappl@ccharitiesdor.org](mailto:kelly.rappl@ccharitiesdor.org)**

**Please choose one of the following options:**

- |  |   |  |
|--|---|--|
| <p><input type="radio"/> Check here if you would like us to mail Christmas honor cards to those you designate. List on the back of this form the names and addresses of those to whom Catholic Parish Outreach should send Christmas cards. Please attach additional sheets, if necessary.</p> | <p><input type="radio"/> Check here if you would like Christmas honor cards and envelopes sent to you for mailing. No need to include names and addresses with this option.<br/><b>Number of cards requested:</b> _____</p> | <p><input type="radio"/> Check here if you are making a donation, but do not wish to send Christmas honor cards.</p> |
|--|---|--|

Please list the names you would like to appear on the Card: (ex: from Joseph & Mary)

Orders received by Friday, December 18 guaranteed to be mailed before December 23.

You may come by our office to pick up cards OR contact [Kelly.Rappl@ccharitiesdor.org](mailto:Kelly.Rappl@ccharitiesdor.org) or call (919) 873-0245 x2300.

Every dollar makes a  
difference in the fight  
against hunger.

Consider honoring friends, co-workers, teachers,  
and family members in this meaningful way.

We will send a beautiful color Christmas honor card  
to share the joy of your donation with those  
you wish to honor. (minimum donation of \$10/card )



#### Unto Us A Child Is Born...

A generous gift has been made to  
Catholic Parish Outreach  
food pantry in your honor by

Thanks to this kindhearted  
donation, we will feed more  
families during this  
Christmas season.

Blessed are those whose hope is in the Lord their God, who made  
heaven and earth, who keeps faith forever, who secures justice for the  
oppressed, who gives food to the hungry. Psalm 146:5-7

This year's artwork was provided by NC State Student, Natalia Barnack





Centro para Familias Hispanas  
A Program of Catholic Charities



# TOY DRIVE

## for Centro para Familias Hispanas

Help us reach our goal to serve 500 children!.

We are collecting, new unwrapped gifts for  
kids ages 1-12 of about \$15 value.

Please bring them to Centro para Familias between 9 and 4pm

Mondays through Thursdays and Fridays 9-1pm

Address: CpFH / CPO at 2013 Raleigh Blvd. Raleigh, NC

\*Deadline for donations December 1st.

### About the Program

- This program is geared for Hispanic/Latino children in Wake County.
- 500 kids (ages 1-12) are registered and will pick up their Christmas gifts at our Wrapped with Love event on Saturday December 9
- visit our website for more information  
<https://www.catholiccharitiesraleigh.org/wrappedwithlove-cpfh/>
- Questions? contact Maty Ferrer [maty.ferrer@ccharitiesdor.org](mailto:maty.ferrer@ccharitiesdor.org)

