March/April 2022 Newsletter

Providing Help – Creating Hope – Serving All

CATHOLIC PARISH OUTREACH













With all the doom and gloom we have in the news, I thought it might be nice to share, during this Easter season, several lovely "rays of sunshine" that show that there is still good in the world and it does matter to people that caring, kindness, respect and love are distributed in abundance with our groceries!

In late February, a lady called and talked to a staff member, and shared that she and her husband had lost their jobs early in COVID. They had been coming to CPO for about 8 months. She stated they had no idea how they would have gotten through without us. They were always so amazed at how much food they received. More than that, **she conveyed how well treated they felt when they came**. She reiterated several times during the conversation that she wanted us to truly know how very grateful they were that CPO had been here for them at one of the most difficult times in their lives.

A volunteer was approached by a woman in downtown Raleigh asking for money to help cover her hotel room for the night. She told the volunteer that she was just getting back on her feet financially and her apartment would be ready the next day. The volunteer suggested visiting CPO, and she replied during her difficult times she had been visiting Catholic Parish Outreach and that with every visit she felt cared for & respected. She said the people at Catholic Parish Outreach were so kind and that she always left feeling happy and hopeful after being served.

A note from a long-term client was received in early March that was so touching I included a copy. She was **so moved by "the Lord's work" that CPO was doing** that she donated \$10.00 to us to help others. This very much reminded me of the widow in Mark's Gospel (Mark 12: 41-44) "A poor widow also came and put in two small coins worth a few cents. For they have all contributed from their wealth, but she, from her poverty." . It is such a privilege to serve such **loving and generous clients! This proves that we also distribute hope and so do our clients!** This same client called to share her whole-hearted thanks to CPO for distributing milk to her. She is on pain medications that causes muscle spasms and by drinking the milk we provided, the spasms were stopped.

Hillo Volunteers at Food Pantry,
I hope that this note finds all of
you in the best of spirits and health.
I want to thank all of you for
bringing delicious food to my car
once a month. If really helps me
out with my grocery fill
God bless all of you for serving
the Lord. Enclosed is a minor

We had a client who was coming to CPO during the pandemic. Since we have suspended our referral process and "broadened" the counties we serve to help those in need during this difficult time, he was coming to us from Washington NC, a four hour round trip drive. We were concerned that he was driving such a long distance to get food, so we told him that there could be a food pantry very close to him. He said that there was and they made him feel like an imposition and that they were doing him a favor by serving him. He stated that **the treatment he got here: service with respect, kindness, and a smile was worth the trip.** We worked to direct him to a Catholic Charities food pantry closer to him, in the Tar River Region. They called him to get him on their rotation of food distribution and he said he would give them a try, and **hoped they would treat his family as well as we did!**



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Join us as we celebrate this milestone of our 10th Annual Catholic Parish Outreach Pig Pickin'!

SATURDAY MAY 21

4-7PM OR UNTIL THE PIGS RUN OUT

\$10 PLATE PRE-ORDER \$12 PLATE ON SITE BEEF HOT DOGS TOO!



If you are interested in becoming a sponsor for our 10th Anniversary, you will receive meal tickets (number dependent on sponsorship level) for the event, and have the opportunity to honor someone special to you! All sponsors will be listed on the website and at the event!

All proceeds benefit CPO.

Calling all Bakers-

If you are a baker, have a favorite recipe, and are interested in contributing to our bake sale, please contact us! We would love to have your contribution. We ask that items be boxed and delivered to CPO no later than Friday, May 20th, before 9:00 a.m.

Questions? Please contact the CPO Director Kelly Rappl

Phone: 919-873-0245 x2300

E-mail: kelly.rappl@ccharitiesdor.org

CPO has distributed enough food to feed more than 117,000 people with almost 2 weeks of groceries since the beginning of the pandemic!

People Served Families Served

Feb 2021	Feb 2022
5562	5128
1434	1322

Mar 2022	Mar 2021
5481	4975
1430	1291

Kelly Rappl

Program Director

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Darcy Hull

Volunteer Coordinator

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Hours of Operation:

Mon/Wed/Thurs/Friday 10 am—1 pm

