

# July 2021 Newsletter



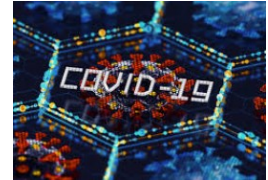
Catholic Parish Outreach  
A Program of Catholic Charities

Providing Help – Creating Hope – Serving All

## CATHOLIC PARISH OUTREACH



Kelly



We started our new fiscal year at CPO beginning 7/1/21. For us it is a time of new beginnings and change.

The major change is we will be rolling out a new database to capture client data and statistics. Our old database was created in early 2000s and it was not created to be robust enough to keep up with the growth of Catholic Charities and the increase in volume of data being processed and stored. A user manual with screen shots, to be used as a guide, will be provided for everyone who accesses the new database. As with all changes, we will go through “growing pains” but will be positioned for the future to serve our clients more efficiently.

apricot

USERNAME  
yourname@gmail.com

PASSWORD  
your password

Log In To Apricot [Forgot Password](#)

This change will occur in the midst of us working to get back to “normal” operations. We have made the decision that we will continue with curbside pickups and remote interviews via phone until we can see if there will be a COVID surge at the end of the summer. This is critical since our clients are still vulnerable due to many not being vaccinated. Once we feel it is safe, we will open our doors to clients to re-enter the building.

We have been very busy, in the year+ that we have been serving curbside and the building being closed to clients. We have painted, waxed the floors, installed new cubicles, upgraded the lighting, installed enhanced wireless capabilities, reorganized our food area, and created/posted our Healthy Pantry information bulletin board. This was all in preparation for when we can welcome back those we serve.

We also rolled out the 2nd year of summer hours so that we can beat the heat when serving those in need. This is helpful to both our clients and our volunteers to keep them safe.

### \*Summer Hours\*

CPO will begin summer hours on Wednesday June 16. We will be open from 8:30 a.m. – 11:30 a.m. on Mondays/Wednesdays/Fridays.

Finally, we have revamped our website so that it is easier to navigate. We invite you to visit [cporaleigh.org](http://cporaleigh.org) and review the revamped site. We would love to get feedback from you about what you think of our new design.

Have a great summer and continue to stay safe.

God Bless!



Catholic Parish Outreach  
A Program of Catholic Charities



Address  
2013 Raleigh Blvd.  
Raleigh, NC 27604  
919-873-0245 (Phone)  
919-873-0269 (FAX)

Hours  
Mon-Wed, Fri  
8:30am - 11:30am



GET DIRECTIONS

SUBSCRIBE TO NEWSLETTER

DONATE TO CPO



Kelly

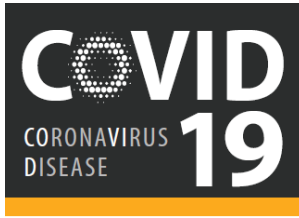
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**CPO has distributed enough food to feed more than 76,000 people with almost 2 weeks of groceries since the beginning of the pandemic!**

**People Served**  
**Families Served**  
**Diapers**  
**Volunteers Hours**  
**New Volunteers**

June 2020	June 2021
4303	3927
1143	987
170	189
1306	1410
0	2



**BEAT THE HEAT**  
*This*  
**SUMMER**

*It is the time of year that we need to worry about our volunteers and the heat. Please make sure to take precautions so that no one experiences heat exhaustion this summer. We provide water for everyone (Gatorade if needed to reverse heat exhaustion symptoms only). Please note that water is the best defense against the heat!!!!*

HEAT EXHAUSTION	OR	HEAT STROKE
Faint or dizzy		Throbbing headache
Excessive sweating		No sweating
Cool, pale, clammy skin		Body temperature above 103° Red, hot, dry skin
Nausea or vomiting		Nausea or vomiting
Rapid, weak pulse		Rapid, strong pulse
Muscle cramps		May lose consciousness
<ul style="list-style-type: none"> <li>Get to a cooler, air conditioned place</li> <li>Drink water if fully conscious</li> <li>Take a cool shower or use cold compresses</li> </ul>		<p><b>CALL 9-1-1</b></p> <ul style="list-style-type: none"> <li>Take immediate action to cool the person until help arrives</li> </ul>

Weather.gov/socialmedia Weather.gov/heat @SacramentoCES SacramentoReady.org



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**You are cordially invited to attend the 2021 Catholic Parish Outreach Virtual Pig Pickin'**

**Wednesday**  
**July 14, 2021**  
**6:30 pm**

**REGISTER NOW**

[www.catholiccharitiesraleigh.org/events/cpo-virtual-pig-pickin/](http://www.catholiccharitiesraleigh.org/events/cpo-virtual-pig-pickin/)

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