



Handwashing Procedure

How to Wash Hands

1. Wet your hands
2. Get soap
3. Scrub, washing thumbs, between fingers, and backs of hands, for at least 20 seconds
4. Rinse
5. Dry

Catholic Charities requires all staff and volunteers to use advised handwashing procedure.

Please follow the hygiene instructions provided at your facility in order to protect all those we serve and interact with.

Frequency

- After any contact with others
- After any contact with frequently touched surfaces like doorknobs, light switches, tables, countertops, handles, faucets, phones, keys, etc.
- After using the restroom, blowing nose, sneezing, coughing, or contact with your face
- Before eating or preparing food

★ If you are unable to wash your hands, you can use hand sanitizer with at least 60% alcohol.

★ Gloves are only required for food safety.

★ Please refer to the Handwashing and Infection Control video for more information.