



Could I Have COVID-19?

Are you experiencing...

- Fever
- Dry cough
- Fatigue
- Productive cough
- Shortness of breath
- Muscle/joint pain
- Sore throat
- Headache
- Chills
- Nausea/vomiting
- Nasal congestion (without a runny nose)
- Diarrhea

Asymptomatic Spread

COVID-19 symptoms may take an average of 4-5 days to develop. If someone is going to develop symptoms, they will do so by the 10th day in about 95% of all cases. Please also note that 21-39% of all infections are asymptomatic, which means they do not appear to be sick.

If you answered “yes” to any of these questions, please stay home to minimize exposure and help prevent spread of any sickness.

For additional screening, you can visit the CDC website for their interactive [Self-Checker Tool](#); use Apple’s [COVID-19 Screening Tool](#) created in conjunction with the CDC; or contact your doctor.

**If you are sick,
the best way
you can help
Catholic Charities
and those we serve
is to stay home
and pray for
our mission.**