



Am I At Risk for COVID-19?

Situational Risk Factors:

- Healthcare provider or first responder

In the last 14 days..

- Visited an area where COVID-19 is widespread
- Was exposed to someone who tested positive for COVID-19
- Lives with or is actively caring for a person who tested positive
- Had contact with anyone who is not practicing social distancing

Clinical Risk Factors:

- Older than 60 years
- Diabetes
- Heart Disease
- Chronic lung conditions (e.g. asthma, COPD, sleep apnea)
- Chronic kidney disease
- Liver disease (e.g. cirrhosis)
- Immunocompromised
- Undergoing chemotherapy
- Recent medical procedure

At Catholic Charities, we are implementing specific safety and cleaning practices to minimize the risk of contracting COVID-19 while visiting our facilities.

Evaluating Risk

If you have any of these conditions, your likelihood of contracting the disease or developing severe symptoms will increase.

Please refer to the Catholic Charities guidance on volunteering for additional information and to determine if on-site volunteering the best way you can serve at this time.