

Your Name: _____ ID# _____ Date: _____

Locke-Wallace Marital Adjustment Test

1. Circle the dot on the scale line that best describes the degree of happiness, everything considered, of your present marriage. The middle point "happy" represents the degree of happiness that most people get from marriage, and the scale gradually ranges on one side to those few who are very unhappy in marriage and, on the other, to those few who experience extreme joy or felicity in marriage.

Very Unhappy _____ Happy _____ Perfectly Happy

State the approximate extent of agreement or disagreement between you and your mate on the following items. Please check **each** column.

	Always Agree	Almost Always Agree	Occasionally Disagree	Frequently Disagree	Almost Always Disagree	Always Disagree
2 Handling Family Finances						
3 Matters of Recreation						
4 Demonstration of Affection						
5 Friends						
6 Sex Relations						
7 Conventionality (right, good, or proper conduct)						
8 Philosophy of Life						
9 Ways of Dealing with In-laws						

For each of the following items, check one response:

10. When disagreements arise, they usually result in
 (a) husband giving in ___ (b) wife giving in ___ (c) agreement by mutual give and take ___
11. Do you and your mate engage in outside interests together?
 (a) all of them ___ (b) some of them ___ (c) very few of them ___ (d) none of them ___
12. In leisure time, do you generally prefer
 (a) to be "on the go" ___ (b) to stay at home ___
13. Does your mate generally prefer
 (a) to be "on the go" ___ (b) to stay at home ___
13. Do you ever wish you had not married?
 (a) frequently ___ (b) occasionally ___ (c) rarely ___ (d) never ___
14. If you had your life to live over again, do you think you would
 (a) marry the same person ___ (b) marry a different person ___ (c) not marry at all ___
15. Do you ever confide in your mate
 (a) almost never ___ (b) rarely ___ (c) in most things ___ (d) in everything ___